SIMS Martial Arts Academy

722 Fort Crook Road North
Bellevue NE 68005
www.simsdojo.com
Effective November 16th 2026

CONSISTENCY is the KEY to SUCCESS.

"We are what we repeatedly do, EXCELLENCE, then, is not an act, but a habit." - ARISTOTLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lunch Jiu-Jitsu 11:30am - 12:30pm		Lunch Jiu-Jitsu 11:30am - 12:30pm			
					10am - 11am Womens jiujitsu	Noon - 1pm Wrestling
						1pm - 2:30pm FREE Open Mat
Youth Jiu-Jitsu Ages4+ 5pm - 5:45pm	Youth Jiu-Jitsu Ages4+ 5pm - 5:45pm	Youth Jiu-Jitsu Ages4+ 5pm - 5:45pm	Youth Jiu-Jitsu Ages4+ 5pm - 5:45pm	LEG LOCKS 6pm - 7:15pm		
Adult Jiujitsu 6pm - 7:15pm	Adult Jiujitsu 6pm - 7:15pm	Adult Jiujitsu 6pm - 7:15pm	Adult Jiujitsu 6pm - 7:15pm			

It takes 21-28 days to create a new habit. TRAIN OFTEN.

Still not training? Jiu-Jitsu Changes Lives. Take a trial class today . Text 402-612-6916